Verde Chicken Tacos
Makes 10 tacos

1 medium onion, finely chopped
3 garlic cloves, finely chopped
5 tomatillos, roughly chopped
1/2 t onion powder
1/4 cup salsa verde (from a jar or can)
2 cups shredded chicken
1 medium zucchini, 1/4" dice
1 1/2 cups red cabbage
1 1/4 cups reduced fat shredded cheese
12 taco shells

Place onions, garlic, and tomatillos in a medium pot or pan on medium-high heat, cover, and cook until onions are translucent stirring every thirty seconds. Add onion powder, salsa, and chicken and cook at medium heat covered for an additional 5 minutes. Add zucchini and cook for an additional 5 minutes uncovered stirring every 45 seconds. Serve in taco shells topped with shredded cheese, and red cabbage.

Nutrition information (per taco): 250 calories, 9g fat, 27g protein, 14g carbohydrate, 210mg sodium, 2g dietary fiber. Excellent source of: Calcium, vitamin C. Good source of Vitamin A